

HOW TO ATTRACT HUMMINGBIRDS

Hummingbirds love nectar-rich flowering plants with bright red, orange or red-orange tubular-shaped blossoms, but will visit flowers of any color. Keep in mind that using pesticides eliminates garden insects that hummingbirds rely upon for protein. Plant nectar provides instant energy and insect prey provides protein for muscle growth. As these tiny birds feed on nectar plants they also pollinate the blossoms. Hummingbirds require seven times their body weight in nectar daily, so adding a nectar feeder filled with sugar solution will help lure these energetic little birds into your garden.

By planting a succession of nectar flowers, shrubs and trees that will bloom from spring to fall, you can give hummingbirds a continual source of food through the seasons. It is also a good idea to provide convenient places for them to nest and perch, and a water source. Just like other birds, hummers love water, so providing water in a shallow bird bath, and especially through a mister or dripper (available at bird stores) will help to attract hummers and other birds too.

Nectar Producing Plants to Attract Hummingbirds

PERENNIALS

Botanical Name	Common Name
<i>Agastache</i>	Hyssop
<i>Ajuga</i>	Ajuga
<i>Alcea</i>	Hollyhock
<i>Alstroemeria</i>	Alstroemeria
<i>Aquilegia</i>	Columbine
<i>Asclepias tuberosa</i>	Butterfly Weed
<i>Canna</i>	Canna
<i>Crocasmia</i>	Montbretia
<i>Delphinium</i>	Larkspur
<i>Dianthus</i>	Sweet William
<i>Dicentra</i>	Bleeding Heart
<i>Digitalis</i>	Foxglove
<i>Fuchsia</i>	Fuschia
<i>Gaillardia grandiflora</i>	Blanket Flower
<i>Gladiolus</i>	Gladiolus
<i>Hemerocallis</i>	Daylily
<i>Heuchera</i>	Coral Bells
<i>Heucherella</i>	Foamy Bells
<i>Hosta</i>	Hosta
<i>Iris</i>	Iris
<i>Kniphofia</i>	Red Hot Poker

Botanical Name	Common Name
<i>Liatris</i>	Gayfeather
<i>Lilium sp.</i>	Lily species
<i>Lobelia cardinalis</i>	Cardinal Flower
<i>Lupinus spp.</i>	Lupine species
<i>Lychnis</i>	Rose Campion
<i>Mimulus lewisii</i>	Monkey Flower
<i>Monarda didyma</i>	Bee Balm
<i>Nepeta</i>	Catmint
<i>Oenothera</i>	Missouri Primrose
<i>Penstemon</i>	Beard Tongue
<i>Phlox paniculata</i>	Garden Phlox
<i>Phygelius</i>	Cape Fuchsia
<i>Rosmarinus spp.</i>	Rosemary species
<i>Rudbeckia hirta</i>	Gloriosa Daisy
<i>Salvia elegans</i>	Pineapple Sage
<i>Saponaria</i>	Soapwort
<i>Scabiosa</i>	Pincushion Flower
<i>Verbena</i>	Verbena
<i>Veronica</i>	Veronica
<i>Zauschneria californica</i>	California Fuschia

TREES	
Botanical Name	Common Name
<i>Aesculus</i>	Horse Chestnut
<i>Albizia julibrissin</i>	Silk Tree, Mimosa
<i>Chaenomeles sp.</i>	Flowering Quince
<i>Crataegus sp.</i>	Hawthorne
<i>Eucalyptus sp.</i>	Eucalyptus
<i>Syringa sp.</i>	Lilac
<i>Vitex agnus-castus</i>	Chaste Tree

VINES	
Botanical Name	Common Name
<i>Bougainvillea</i>	Bougainvillea
<i>Campsis</i>	Trumpet Vine
<i>Clematis sp.</i>	Clematis
<i>Lonicera sp.</i>	Honeysuckle

ANNUALS	
Cardinal Climber	<i>Nicotiana sylvestris</i>
Cleome	<i>Pelargonium spp.</i>
Four o'clocks	<i>Petunia</i>
Monkey Flower	<i>Salvia spp.</i>
Morning Glory	Scarlet Runner Bean
Nasturtiums	Nasturtiums

SHRUBS	
Botanical Name	Common Name
<i>Abelia grandiflora</i>	Abelia
<i>Arctostaphylos sp.</i>	Kinnikinnick
<i>Azalea</i>	Azalea
<i>Buddleia davidii</i>	Butterfly Bush
<i>Callistemon</i>	Bottlebrush
<i>Cotoneaster sp.</i>	Cotoneaster
<i>Deutzia</i>	Deutzia
<i>Gaultheria shallon</i>	Salal
<i>Hibiscus</i>	Rose of Sharon
<i>Jasminum</i>	Jasmine
<i>Kolkwitzia</i>	Beauty Bush
<i>Ribes sanguineum</i>	Flowering Currant
<i>Rubus spectabilis</i>	Salmonberry
<i>Sambucus</i>	Elderberry
<i>Weigela</i>	Weigela
<i>Yucca sp.</i>	Yucca