
Edible Flowers

Perennials/Shrubs

- Day Lily (*Hemerocallis* spp.)-
 - Petals and shoots edible- petals have a sweet lettuce or melon flavor- shoots harvested in spring can be used as a substitute to asparagus.
- English Daisy (*Bellis perennis*)
 - Petals are edible- mildly bitter flavor.
- Fuchsia (*Fuschia hybrida*)
 - Petals edible- slightly acidic flavor.
- Hollyhock (*Alcea rosea*)
 - Petals are edible- bland, not much flavor.
- Honeysuckle (*Lonicera japonica*)
 - Petals are edible- sweet honey flavor.
- Lilac (*Syringa vulgaris*)
 - Petals are edible- floral, lemony, slightly bitter flavor.
- Garden Phlox (*Phlox paniculata*)
 - Petals are edible- slightly spicy flavor.
- Roses (*Rosa* spp.)
 - Petals are edible- sweet, florally to green apple flavor. Darker petals have more pronounced flavor.
- Sweet Woodruff (*Galium odoratum*)
 - Petals are edible- sweet, grassy, nutty, vanilla flavor.
- Violets (*Viola* species)
 - Petals and leaves are edible- petals have sweet perfumed flavor. Tender leaves have spinach like flavor.

Annuals

- Begonia Tuberous (*Begonia X tuberosa*)-
 - Leaves, stems and flowers are edible- citrus-sour taste.
- Calendula (*Calendula officinalis*)
 - Petals are edible- spicy, bitter to peppery taste.
- Dianthus (*Dianthus caryophyllus*)
 - Petals are edible- sweet flavor
- Chrysanthemum (*Chrysanthemum coronarium*)
 - Leaves and petals are edible- Tangy, slightly bitter, peppery taste.
- Corn Flower (*Centaurea cynaus*)
 - Petals are edible- slightly sweet to spicy clove-like flavor- also used to make food dye.
- Fuchsia (*Fuschia hybrida*)
 - Petals edible- slightly acidic flavor.
- Impatiens (*Impatiens wallerana*)
 - Petals are edible- sweet flavor.
- Marigold (*Tagetes tenuifolia*)
 - Petals are edible- citrusy flavor, use as a substitute for saffron.
- Nasturtiums (*Tropaeolum majus*)

- Petals and leaves are edible- petals have a sweet, spicy flavor. Leaves have a peppery, tangy flavor.
- Pansy (*Viola X wittrockiana*)
 - Petals are edible- slightly sweet, grassy flavor.
- Scented Geranium (*Pelargonium* species)
 - Petals are edible- range from citrusy to spicy fruit flavor. Avoid 'Citronelle' variety.
- Sunflower (*Helianthus annuus*)
 - Petals are edible- bittersweet flavor.
- Violets (*Viola* species)
 - Petals and leaves are edible- petals have sweet perfumed flavor. Tender leaves have spinach like flavor.